



LEE & PLUMPTON

## PLEASE HELP PREVENT THE CORONAVIRUS

### If you are going abroad

If you are going abroad please make HR aware , as guidance on countries where isolation is required upon return is changing continuously.

For the latest information on coronavirus and travelling abroad can be found on the Foreign travel advice website:

<https://www.gov.uk/foreign-travel-advice>

### If you think you have caught the Coronavirus

If you think you have caught the Coronavirus either through contact with someone who has been diagnosed with it or you are showing symptoms of it, then please make HR aware as soon as possible (whether you are at work or not).

#### Symptoms are:

- A high temperature
- A new, continuous cough